



2020 Benefit changes

Contribution increase:

8.9% across all options

Beat range

All Beat options

- Medicine to be obtained from Bestmed pharmacy network (network option)
- Refractive eye surgery will be covered (PMB)
- Maternity programme includes:
 - ◇ 6 X antenatal consultations and
 - ◇ 2 X 2D ultrasound scans
 - ◇ Female contraceptives changed from per family to per beneficiary (R2 205 pb per annum)
 - ◇ Tempo Wellness Programme: Health risk assessments and follow up consultations - all beneficiaries older than 18 (previously 21)

Beat 2

- Mammogram benefits for females >40 (every 2 years)
- PSA screenings for males >50 (every 2 years)

Beat 4

- Over the counter increased from R550 – R650. Including sunscreen and vitamins/supplements PSA screenings for males >50 (every 2 years)
- PET scan included as part of out of hospital specialised diagnostic imaging

Pace range

All Pace options

- OTC (over the counter) increased from R550 – R650. Including sunscreen and vitamins/supplements
- PET scan included as part of out of hospital specialised diagnostic imaging
- Tempo Wellness Programme

Pace 2 - 4

- Mammary surgery - benefit 100% of Scheme tariff up to R35 000 for symmetrising surgery on breast cancer patients for the un-affected breast.